

**MFOM/LFOM
EXAMINATIONS REVISION
COURSE:**

THE WORKSHOP

**2-4 DECEMBER 2024
ABU DHABI**

Format: Blended learning with face-to-face practical sessions, hands-on examinations' stations, lectures, and tutorials which will be broadcasted online as well.

Welcome to the COEHA Workshop, the pinnacle of our preparatory course for the Licentiate of the Faculty of Occupational Medicine (LFOM) and Membership of the Faculty of Occupational Medicine (MFOM) examinations. This workshop is designed to provide invaluable guidance and hands-on knowledge to doctors preparing for these exams, particularly those who may not currently be practicing occupational health. Our goal is to bridge gaps in both knowledge and practical skills, helping you gain confidence and readiness for your upcoming assessments. We are proud to have assembled a distinguished faculty of senior consultants in occupational medicine and occupational hygiene, representing expertise from Africa, the Middle East, Ireland, and the UK. With their insights and mentorship, this workshop promises to be an enriching experience for all attendees.

ABOUT WORKSHOP

PROGRAM

DAY 1, MONDAY 2 DECEMBER

Time	Session	Presenter
09:00 - 09:30	Registration and Welcome	
09:30 - 10:00	Introduction	Dr Omer El Nagieb
10:00 - 10:40	Overview of the Written Exam	Dr Mutasim Mohamed
10:45- 11:35	Overview of the FOM Examinations- The OSPE, Portfolio and Viva	Dr Mohamed Musa
11:40 - 11:55	Coffee Break	
12:00 - 12:45	Occupational Toxicology	Dr Martin Hogan
12:50 - 13:30	Occupational Hygiene Practice	Dr Martin Hogan
13:30- 14:25	Lunch Beak	
14:30- 16:15	Critical Appraisal	A Practical Session with Dr Muntasir Yousif
16:15 - 17:00	Q&A and Wrap-Up	

DAY 2, TUESDAY 3 DECEMBER

Time	Session	Presenter
09:00 - 09:30	Recap of Day 1 and Agenda for Day 2	
09:30 - 10:30	Provision of Occupational Health Services and the Role of the OHP- an International Perspective	Dr Omer El Nagieb
10:30 - 11:30	Assessing the Impact of Mental Illness on Work	Dr Mutasim Mohamed
11:30 - 11:45	Coffee Break	
11:45 - 12:45	Practical Occupational Hygiene – Assessment and Measurements of Hazards at Work	A Practical Session with Professor Hafiz Ahmed
12:45 - 13:45	Workplace Assessment- and Reporting	A Practical Session with Professor Hafiz Ahmed
13:45 - 14:45	Lunch Break	
14:45 - 16:45	Group Work (Portfolio + Clinical Cases + Report Writing)	Dr Omer El Nagieb Dr Mutasim Mohamed Dr Mohamed Musa
16:45 - 17:00	Q&A and Wrap-Up	

DAY 3, WEDNESDAY 4 DECEMBER

Time	Session	Presenter
09:00 - 09:30	Recap of Day 2 and Agenda for Day 3	
09:30 - 10:30	Overview Occupational Dermatoses	Dr Omer El Nagieb
10:30 - 11:30	Overview of Occupational Lung Diseases	Dr Mutasim Mohamed
11:30 - 11:45	Coffee Break	
11:45 - 12:45	Spirometry	A Practical Session with Dr Mohamed Musa
12:45 - 13:45	Lunch Break	
13:45 - 14:45	Fitness for Safety Critical Work	Dr Omer El Nagieb
14:45 - 16:45	Group Work (Portfolio + Clinical Cases + Report Writing)	Dr Omer El Nagieb Dr Mutasim Mohamed Dr Mohamed Musa
16:45 - 17:45	Final Q&A and Closing Remarks	

REGISTRATION



FACE-TO-FACE

The Workshop will be held at the **Sheraton Abu Dhabi Hotel and Resort, UAE**. This blended learning event offers face-to-face practical sessions, hands-on examination stations, and comprehensive lectures. For those unable to attend in person, all sessions will be streamed online.

If you are interested in joining the face-to-face session, please arrange your hotel stay in advance, as it will be a high season.



ONLINE

Fees:

- **In-person attendance:** 500 USD
- **Online participation:** 300 USD

Registration link:

<https://forms.gle/obqHBnozCsuyqezt5>

Contact: admin@coeha.net.



DR OMER EL NAGIEB

Dr El Nagieb is an accredited specialist in Occupational Medicine with over 20 years of experience. He has served as Chief Medical Officer leading the Occupational Health (OH) service for the London Fire Brigade, established modern OH services for the oil and gas industry in Abu Dhabi, and was an Honorary Lecturer in Occupational Medicine at the University of Manchester. Dr El Nagieb returned back to the UK to lead the OH service for the London Fire Brigade - as the Chief Medical Officer. He worked with colleagues to revise the fitness standards for recruitment and retention to in the fire and rescue services in the UK.

Dr El Nagieb was appointed as the Federal Minister of Health for the Sudan and remained in the job until November 2021. During the tenure of his role he worked with colleagues and international health partners to rebuild the health system and promote and expand OH in the Sudan and the region.

Dr El Nagieb; with colleagues has founded the Centre of Occupational and Environmental Health – Africa to continue the ambitious program of expanding OH in the continent and beyond.



DR MARTIN HOGAN

Dr Martin Hogan is a full-time Occupational Physician since 1994 working full time in industry. He is the Managing Director of CHI-PAM in Cork and a founding Partner of Corporate Health Ireland (CHI). He is a Fellow of the Royal College of Physicians of Ireland and a Fellow of Faculty of Occupational Medicine of the Royal College of Physicians of Ireland.

He is a specialist trainer and an examiner for the Faculty of Occupational Medicine of the Royal College of Physicians of Ireland and a former National Speciality Director in Occupational Medicine. He is a past Dean of the Faculty of Occupational Medicine of the Royal College of Physicians of Ireland. He is the Vice President for the International Commission of Occupational Health ICOH. He is the President of the Organising Committee for ICOH 2018 held in Dublin.

He is a member of the Board of Medichem which is the international scientific association for Occupational and Environmental Health in the production and use of chemicals. He has a special interest in Toxicology and Environmental Medicine. He lectures in Occupational Medicine and Toxicology in University College Cork.

THE TEAM



PROF HAFIZ OMER AHMED

Prof Ahmed has held key positions throughout his career, including Associate Professor and Chair of the Department of Environmental Health Sciences at the University of Sharjah, UAE. He previously served as an occupational hygienist at the Ministry of Health and the Ministry of Labor in Sudan, where he played a pivotal role in establishing the only Occupational Health (OH) laboratory in sub-Saharan Africa. Prof Ahmed is also a co-founder of the Centre of Occupational and Environmental Health – Africa. He is a member of the British Occupational Hygiene Society (BOHS), U.K., and has been involved in the development and accreditation of various academic programs in Environment and Occupational Health and Safety.



DR MUTASIM MOHAMED

Dr Mutasim has been a full-time occupation physician since 2008. Currently works as a senior consultant occupational physician in Ireland. He also works as an independent consultant and subject matter expert and tutor in the High Diploma of Occupational Medicine organized by iHeed and the Royal College of Physicians in Ireland. Among other degrees, he received his membership from the faculty of occupational medicine of the Royal College of Physicians in Ireland. Master of Public Health and Tropical Medicine from Tulane University in New Orleans, Louisiana, USA. He is board-certified in Community Medicine from the Jordan Medical Council and the Arab Board for Health Specialities. He is a Fellow of the American College of Occupational and Environmental Medicine. He has a special interest in Medical Centre Occupational Medicine, Mental Health and Work-related Stress, workplace risk assessment and injury prevention and management, Travel Medicine, Health Surveillance, Group Health, Mass Gathering, Education and Training.



DR MUNTASIR YOUSIF

Dr Muntasir is an occupational health physician currently practicing at the ADNOC Medical Center, managed by Capital Health Screening Center. He previously worked with NHS Scotland and holds the Membership of the Faculty of Occupational Medicine (MFOM) from Ireland. Dr Muntasir has completed both Basic and Advanced EASA Aviation Medicine training at King's College London and has served as an appointed doctor in ionizing radiation in the UK.



DR MOHAMED MUSA

Dr Mohamed is an accredited specialist in occupational medicine. He currently works as a consultant occupational physician at St James's Hospital in Dublin Ireland

Before moving to Ireland Mohamed worked in Abu Dhabi in the oil and gas industry- Abu Dhabi National Oil Company for more than 10 years. He trained in occupational medicine through the University of Manchester obtaining an Advanced Diploma in occupational medicine and the Irish Faculty of Occupational Medicine obtaining his MGOM in 2014.

Mohamed is a passionate educator and has supported many cohorts of young doctors through their FOM exams.

He is a FOM Examiner for the MFOM examination.



KG 108 53 St, Kigali, Rwanda

www.coeha.net

admin@coeha.net