

2026

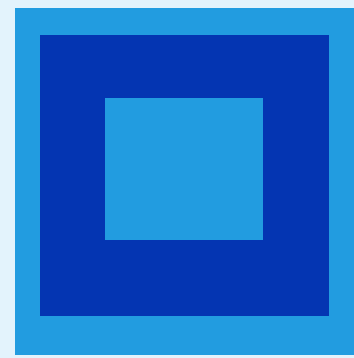
Postgraduate Certificate in Occupational Medicine (PGCert OM)

Exam Prep

Applied

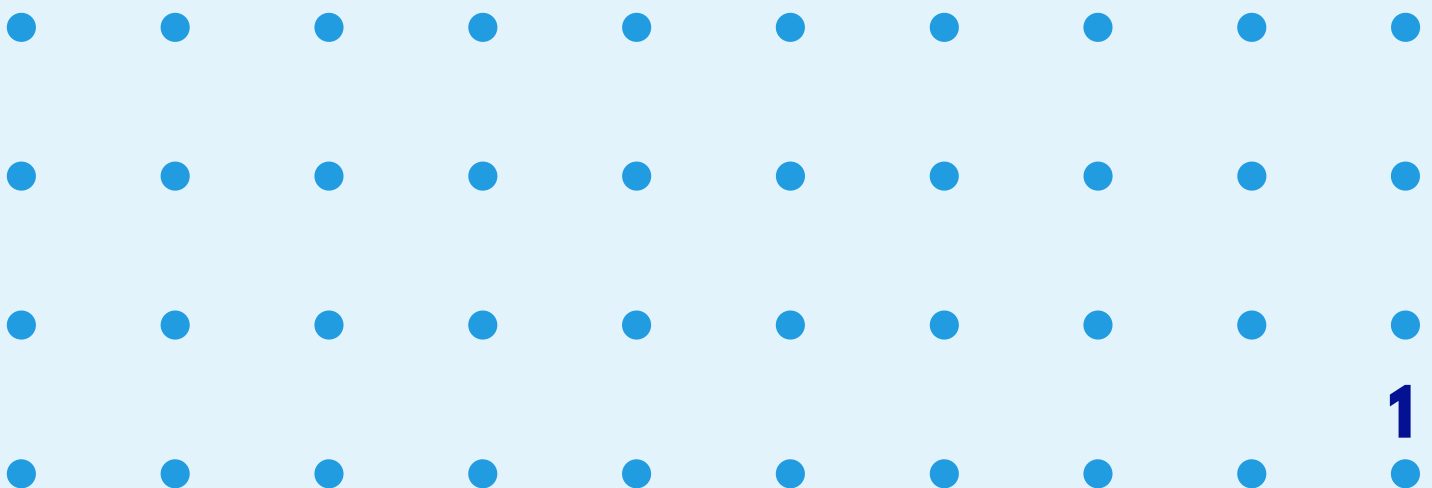
Expert Mentorship





Disclaimers

- This programme is currently delivered as a Postgraduate Certificate in Occupational Medicine. COEHA has applied for accreditation for this programme to be recognized as a Postgraduate Diploma. Accreditation is subject to approval by the relevant awarding body.
- While this course provides structured preparation for the LFOM and MFOM examinations, participation does not guarantee success in these examinations.



Programme Overview

Building on two years of proven success as a highly rated LFOM/MFOM preparatory course, this programme has evolved into a comprehensive postgraduate training pathway in Occupational Medicine.

This **9-month hybrid** programme is designed for **physicians** seeking:

- **Formal training** in Occupational Medicine
- **Preparation** for LFOM and MFOM examinations
- Development of practical clinical and workplace skills
- Structured mentorship from experienced occupational physicians

It goes beyond exam preparation — offering a practice-oriented, competency-based learning experience aligned with international standards.

Programme Aims

Provide a structured postgraduate foundation in Occupational Medicine

Develop clinical, workplace, and risk assessment competencies

Prepare candidates for LFOM and MFOM examinations (optional pathway)

Strengthen skills in research, leadership, and occupational health systems

Support development of portfolio-based learning and reflective practice

Key Features

- Postgraduate-level curriculum aligned with international OM standards
- Proven LFOM/MFOM preparation track record
- Hybrid delivery (online + practical sessions)
- Portfolio-based learning with structured feedback
- Practical skills training (spirometry, audiometry, risk assessment)
- Small-group teaching & mentorship
- Exposure to real-world occupational health scenarios



Who is this Course for?

- Physicians interested in specializing in Occupational Medicine
- Doctors preparing for LFOM / MFOM examinations
- Public health professionals transitioning into workplace health
- Clinicians working in industry, NGOs, or health systems

Assessment

- Module examinations (mid-programme)
- Final examination
- Portfolio submissions:
5 cases, 2 workplace visits, projects
- Continuous assessment through participation



LFOM / MFOM Preparation Pathway

Participants who wish to sit for LFOM or MFOM examinations will benefit from:

- Targeted exam-focused sessions
- Practice questions and case discussions
- Portfolio guidance
- Mentorship from experienced faculty (including examiners)

This pathway is **optional** and integrated within the programme.



Certification

Upon successful completion, participants will receive:

Postgraduate Certificate in Occupational Medicine (COEHA)

Note:

COEHA has applied for accreditation of this programme as a Postgraduate Diploma in Occupational Medicine. Participants will be updated if accreditation is granted.



Delivery Format

- Duration: 9 months
- Format: Hybrid (online teaching + practical sessions)
- Teaching frequency: Biweekly sessions (Saturdays)
- Includes: Workshops, case discussions, and practical training

Faculty

Learn from experienced occupational physicians with international expertise, including LFOM/MFOM examiners and senior consultants.



Why This Programme?



This programme uniquely combines:

- ✓ Academic postgraduate training
- ✓ Practical occupational health skills
- ✓ Proven exam preparation success
- ✓ Strong mentorship and African/regional relevance

Programme Structure

(6 June 2026 – 27 February 2027)

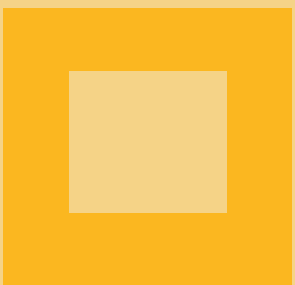
The programme is delivered in 8 modules, combining theory, practical sessions, and assessments:

Module 1: Principles & Practice of Occupational Medicine

- Occupational health in context
- Fitness for work assessment
- Occupational hygiene
- Legal and ethical frameworks

Module 2: Work-Related Diseases

- Occupational lung diseases
- Occupational dermatoses
- Occupational infections
- Musculoskeletal disorders



Module 3: Clinical Management & Rehabilitation

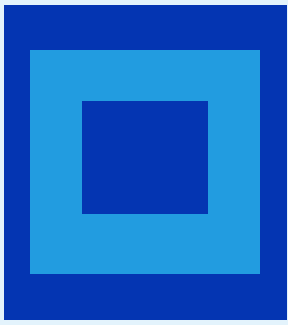
- Recognizing occupational diseases
- Work attendance and performance management
- Occupational cancer
- Special groups at work

Module 4: Workplace Hazards & Risk Control

- Exposure to noise at work
- Exposure to vibration at work
- Temperature and work
- Ionizing and non- ionizing radiation
- Exposure to compressed air work
- Toxicology and chemical exposure

Module 5: Practical Occupational Health

- Audiometry & spirometry
- Risk assessment
- Alcohol & drugs in the workplace



Module 6: Research & Evidence-Based Practice

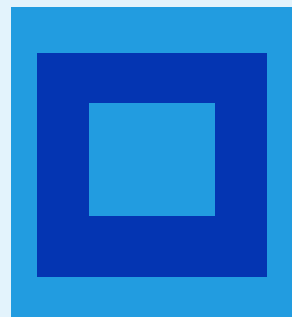
- Epidemiology & biostatistics
- Study design
- Critical appraisal

Module 7: Law, Policy & Ethics

- Legal frameworks
- Health Surveillance
- COSHH, biological monitoring and biological effect monitoring
- Industry and the environment

Module 8: Leadership & Management

- Clinical governance & audit
- Shift work & circadian health
- Workplace health promotion



Registration

- **Application Period** 13 April 2026 – 1 June 2026
 - **Course Commences** on 6 June 2026
 - **Course Concludes** on 27 February 2027
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- **Fees for the full course** 3100 USD

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COEHA

Centre for Occupational and
Environmental Health Africa